

Live in the Central Coast Region?

NEED HELP AT HOME?

Are you....

- Aged 65+ (50+ for Aboriginal person)
- A person with a disability, or
- A carer

There are Commonwealth Home and Community Care (HACC) services and NSW Community Care Supports Programs (CCSP) in your local area that may be able to help

Interpreting Service

Deaf and Hearing Impaired

Speak and Listen 1300 555 727
Telephone Typewriter Services (TTY) 1300 555 727
SMS Relay 0423 677 767

Translating & Interpreting Service

TIS..... 13 14 50

Gosford and Wyong

Community Nursing & Allied Health

Community Nursing 1300 725 565
Contenance Advisor 1300 725 565
Dietitian (Coast Nutrition) 4365 2294
Occupational Therapy – Ref..... 1300 725 565 & 4320 3473
Podiatry – Ref 1300 725 565 & 4320 3240
Podiatry – Sue Mann 1300 241 300 & 4365 3200

Dementia Care Service – Central Coast Local District

Caring Networks 1300 725 565

Assessment / Advocacy / Information / Referral / Training

Aged Care Information Service 1800 200 422
Aged Care Assessment team –
Part of Caring Networks 1300 725 565
Carer Support Unit Central Coast
Health District 4320 5556
Central Coast Commonwealth
Respite & Carelink Centre –
Part of Caring Networks 1300 725 565
Carer Support Unit Central Coast
Local Health District 4320 5556
Red Cross Gosford 4324 3411

Services on the Central Coast

Aboriginal Services

Daramulen Aboriginal Home Care 1300 731 556
Bungree Aboriginal Assoc Inc 4350 0100

Case Management Services

Adssi HomeLiving Australian Limited Wyong .. 1300 578 478
CCC – Gosford 4343 1888

Case Management – Acquired Brain Injury

Central Coast Disability Network (CCDN)
Gosford and Wyong 4324 2355

Day Care Centres

Community Care Services Central Coast Ltd
Gosford and Wyong 4324 4244
Wesley Senior's Day Centre
Gosford and Wyong 4352 3880
Uniting Care Healthy Living for Seniors Program
Gosford and Wyong 1800 486 484
Health Living for Seniors –
All Nations Day Service 1800 486 484

Dementia Support

Also refer to Respite and Day Care Centres

Corella Cottage
Gosford and Wyong 4324 4244
Sue Mann's Nursing & Community Care
Gosford and Wyong 1300 241 300
Community Care Services Central Coast Ltd
Gosford and Wyong 4324 4244
CCC
Gosford 4343 1888
Adssi HomeLiving Australia
Wyong 1300 578 478
Caring Networks 1300 725 565

Meals on Wheels

Flexible Food Option/Centre Based Restaurant

Woy Woy 4341 6699
Central Coast & Tuggerah 4357 8444
Budgewoi 43557 8417

Formal Linen Services

Adssi HomeLiving Australia
Gosford and Wyong 1300 578 478

Home Modifications / Maintenance & Gardening

Community Care Services Central Coast Ltd (Lawns)
Gosford 4324 4244
CCC
Gosford 4343 1888
Adssi HomeLiving Australia

Wyang1300 578 478

Home Assistance

Including personal care, domestic assistance and shopping

Sue Mann's Nursing & Community Care
Gosford and Wyong 1300 241 300 & 4365 3200
Community Care Services Central Coast Ltd
Gosford4324 4244
BCS Care Centre – Personal Care
Gosford and Wyong4340 8100
Adssi HomeLiving Australia
Wyang1300 578 478
Australian Unity1800 350 792
Australian Red Cross, Home Social Support
Telecross & Mates Program4324 3411
BCS Care Centre
Wiseman's Ferry4566 4700

Multicultural

Northern Settlement Services Ltd
Multicultural Social Support
Gosford and Wyong4334 3877
CCDN
Gosford and Wyong4349 3700

Respite

BCS Care Centre
Gosford and Wyong4340 8100
Adssi HomeLiving Australia
Gosford and Wyong1300 578 478
Broken Bay Catholic Care – BB
Gosford and Wyong9481 2600
Carer Respite Centre (Part of Caring Networks) ..1300 725 565
Coastlink Gosford and Wyong
Gosford and Wyong4321 1022
Community Care Services Central Coast
Gosford4321 1022
Australian Unity1800 350 792

Social Support/Caring Groups

Adssi HomeLiving Australia
Gosford and Wyong1300 578 478
Australian Red Cross, Home Social Support
Telecross & Mates Program4324 3411
Community Care Services Central Coast Ltd
Gosford and Wyong4324 42 44
CC Meals on Wheels, Woy Woy Social Support ..4341 6699
Living Care Young Onset Dementia
Gosford and Wyong1800 486 484

Transport

Community Transport Central Coast Ltd4355 4588
CCPC4365 2294

Are you eligible?

You may be eligible for HACC or CCSP services if you are an older person, a person with a disability, or a carer. Agencies providing services will discuss your needs and eligibility during an assessment and will then provide you with information about your choices. It is important to understand that in some circumstances there may be more people wanting services than there are services available. It is the agencies' responsibility to make sure services are allocated fairly and on the basis of need. However, if these government subsidised services are not available when you need them, there are some commercial/private services which may be able to assist.

How much does it cost?

Each service will provide information about its fees during an initial discussion of your needs. If you are not able to pay, you cannot be denied a HACC or CCSP service.



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